

ENTRANCE OF THE WATERMILL AND WHEELS

Welcome to the Maufet Watermill! This ancient mill, dating back to the 13th century, has been an important production center for the local community. Its history is fascinating and tells us about a time when the mill represented the heart of rural life. Here, we can admire the mill wheels, the true engine of its operation. These wheels, powered by water, have enabled the production of flour for generations. As we explore this place, we can imagine the tireless work of the millers and the sound of flowing water. Let's discover together the history of this place and how it has influenced the life of the community over the centuries.

GRINDING ROOM

Let's enter the grinding room, an environment rich in history and tradition. Here, wheat was transformed into flour thanks to artisanal machines that represent the knowledge and skill of the millers. Listen to the evocative sounds of this area, which tell the everyday life of those who worked with passion and dedication. Each machine has a story to tell, and the noises of the past still seem to resonate in our present. This room is not just a workplace but a symbol of an ancient art that has shaped our food culture. Let's discover together the importance of this transformation and how it has influenced Italian cuisine.

THE HISTORY OF FLOUR

Flour is a fundamental ingredient in Italian cuisine, and its history is rich and varied. At the Maufet Watermill, we can explore the different types of flour and their applications in traditional dishes. From soft wheat flour, used for bread and pasta, to durum wheat flour, essential for semolina, each type plays a unique role in our gastronomy. We also discover the nutritional value of these flours and how they influence typical recipes of our tradition. This journey into the history of flour offers us a unique perspective on Italian cuisine and its evolution over time.



THE WATERMILL MUSEUM

Visit the museum dedicated to the history of the Maufet Watermill, where tradition merges with memory. Here you can find historical tools and photographs that tell the story of the mill over the years. Each exhibit invites you to discover the processing techniques used by millers, who have passed down their knowledge from generation to generation. Through these artifacts, we can appreciate the hard work and dedication necessary to keep this tradition alive. The museum is not just a place of exhibition, but a true journey through time that allows us to understand the importance of the mill in the local community.

THE PILA AND CONCLUSION OF THE JOURNEY

Welcome to the Pila, an ancient tool essential for grinding barley and chestnuts. This traditional technique, used in historical mills, allowed for the production of unique and nutritious flours, rich in fiber and minerals. Discover the processing methods and listen to the stories behind these ancient practices. We conclude our journey at the Maufet Watermill. We hope you have enjoyed this trip through time, taking with you a piece of our history. The tradition, art, and passion that permeate this place will remain etched in your memory. Thank you for visiting the Mill and for sharing this unique experience with us!